



BAYLESS SCHOOL DISTRICT PARENTS PERMISSION FOR THE ADMINISTRATION OF OVER-THE-COUNTER MEDICATION

Under the direction of Dr. David Campbell of the Institute for Research and Education in Family Medicine, the health team of Bayless School District is covered to give the following medications.

Listed below are nonprescription medications that the nurses can give to students only with written parent permission. We hope that using these medications, as needed, will reduce both absenteeism and student discomfort while in school. If a student needs routine medications, other arrangements should be made. Medications will be given in age/weight appropriate doses. You will be informed if nonprescription medications are given to your child.

Those medications in bold print are readily available in the school health rooms. All other medications listed will need to be supplied by the parent.

- **Acetaminophen** (Tylenol) for headaches
- **Ibuprofen** (Advil, Motrin) for muscle aches and pains, cramps, sinus pain
- **Maalox** (or comparable nonprescription antacid) in liquid or tablet form for upset stomach
- **Natural tears** (or any saline eye drops) for eye dryness and/or itching
- **Calamine or Caladryl lotion** (or generic) for itchy rash (not to be applied around the eyes)
- **Topical antibiotic ointment** for minor cuts and scrapes
- **Benzocaine Sting Wipes** for insect bites and stings
- **Topical Hydrocortisone Cream** for minor skin irritations and rashes (not to be used on the face)
- **Benadryl** (Diphenhydramine HCL) tablets or syrup for allergy symptoms
- **Loratadine** (Claritin) for allergies and sinus

The following medications may be used, but will not be supplied by the school district.

- Pseudoephedrine (Sudafed) for sinus congestion
- Visine Allergy Eye Drops for itchy eyes
- Cough Syrup (non-alcohol based, such as Robitussin) for dry cough
- Oragel (or generic equivalent) for temporary relief of mild toothache